PLAN WITHOUT PRESSURE

Baby Budget Worksheet

FREE · 1 PAGE

A one-page snapshot of planned vs. spent for baby's early months. Soft numbers only — adjust as life unfolds.

NAME _____ MONTH / STAGE _____ NOTES _____

Early baby costs

CATEGORY	PLANNED	SPENT	NOTES
Nursery & sleep	$	$	
Gear & travel (car seat, stroller)	$	$	
Diapering (first 3 months)	$	$	
Feeding (pump, bottles, or formula)	$	$	
Clothing (newborn–6 months)	$	$	
Bath, health & first-aid	$	$	
Childcare / leave buffer	$	$	
Unexpected / cushion	$	$	
Total	$	$	

Tip: The First-Year Budget & Memory Tracker adds an Excel sheet with charts plus monthly printable memory pages.